29 Acres Covid Mitigating Policies:

*All new clients and new staff* will follow the protocol below *prior* to starting services or beginning employment at 29 Acres. The same protocol will be followed while participating in services or employed by 29 Acres.

Before starting with 29 Acres a self-quarantine and self monitoring form as well as a covid test are required.

We define self-quarantine as limiting exposure to non-family members, wearing a face mask around non-family members, avoiding large crowds/gatherings, and limiting unnecessary travel. If a client (or family member) or staff member develops symptoms, notify 29 Acres immediately. Symptoms include: fever above 100°F, change in taste or smell, cough, change in appetite, shortness of breath, overall not feeling well, body aches.

In addition, the following procedures have been put in place at our 29 Acres locations to help keep everyone as safe as possible and to mitigate spread of covid-19.

1. All clients and staff will be screened twice a day for signs or symptoms of Covid or before entering the Hub or any other 29 Acres location. Emergency services personnel entering 29 Acres property do not require screening. Client/staff and visitor screening will be documented in a log which will include the name of the person being screened, the date and time of screening, and the results of the screen. Visitors, staff or clients participating in day services who meet any of the following screening criteria must leave the 29 Acres location and not return until it is deemed safe to do so by their physician.
   A. Fever, as defined as a temperature of 100 Fahrenheit or above.
   B. Signs or symptoms of Covid-19 including chills, cough, shortness of breath or difficulty breathing, muscle or body aches, headache, new loss of taste or smell, sore throat, runny nose, nausea or vomiting or diarrhea.
   C. Contact in the last 14 days with someone with confirmed Covid-19, someone being evaluated for Covid-19 or someone who is ill with a respiratory illness.
   D. Has a positive Covid-19 test result in the last 10 days.
2. Staff must wear face masks and have hand sanitizer available at all times wherever working with clients. Clients are also encouraged to wear face masks especially when social distancing is not possible and when in public places.

3. Clients and staff will be assigned to “PODs” with no more than 6 individuals in a POD-including staff. Continue to practice social distancing within PODS and wear masks at all times.

4. Practice good hand washing and social distancing at all times throughout the day.

5. When out in the community only visit locations that are practicing safeguards to mitigate spread of covid. These locations must be pre-approved by Directors and approval may depend on current community spread of Covid. While out, continue to social distance and practice good handwashing techniques. Wear a mask when in public. Outside activities are preferable.

6. Place signage on the door indicating our covid mitigating policies. Visitors will be limited and must be pre-approved. They must be screened for symptoms prior to entering the premises and wear a mask at all times while at any 29 Acres location.

7. Use floor and wall signage at all 29 Acres locations as reminders for social distancing/handwashing.

8. Stagger meal times and coming and going of clients if necessary.

9. Continue at least twice a day sanitizing of commonly touched surfaces at all 29 Acres locations (including vehicles) using an approved sanitizing product.

10. The Hub and Community Center at NCH will be cleaned & professionally sanitized every other week using atomization techniques.

11. 29 Acres management will keep staff/clients/families updated on the most current CDC covid-19 recommendations as well as state and federal mandates/ guidelines as they relate to Covid-19.

12. All clients/families and staff will sign an agreement with 29 Acres that they will follow current guidelines and mandates as long as they are employees or clients of 29 Acres.

13. **DO NOT COME** to 29 Acres if you are not feeling well and/or are sick or have a temperature.

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**Keeping NCH Living Community Safe:**

Subject to change based on evolving state and federal guidelines related to Covid-19

Resident Community Areas:

Community Center: please check lifeloop for weekly updates and guidelines for the following spaces in the Living Community: Signs will also be posted near individual spaces

1. Fitness Room
2. Pool & patio
3. Lounge area
4. Game room
5. Classroom
6. Kitchen
7. Basketball Hoop/Ping pong table

Resident Community Procedures:

1. Handwashing required prior to entry to community center
2. Observe social distancing signage and stay 6 ft apart from one another in all common areas
3. Masks are strongly encouraged but not required
4. Community life events not to exceed 10 individuals at a time to include any necessary direct support personnel. Social distancing should be observed at these events at all times.
5. Essential providers and resident approved guests allowed but must check in with management first and follow 29 Acres guest policies. All guest will be screened for Covid prior to entry

Guest policy:

All guests and visitors will check in at the gate entrance, complete the covid-19 pre-screening questionnaire and follow these steps:

1. Wash hands before entering the community center. We request that the restrooms off the pool be used for this purpose. If entering a residents home, please do not do so until you have been screened by staff and have washed your hands.
2. Guests will enter the Community Center on the south side-off the breezeway. Guests may exit using the north door.
3. Guests will wear facemasks at all times while on property and observe social distancing
4. Utilize hand sanitizers frequently while on property
5. Guests must be pre-approved by residents or management to be on property. We ask that you limit guests to no more than 2 persons at a time from the same family household.
6. Guests may be denied access or asked to leave at the sole discretion of the property manager.

29 Acres Policy on Covid Mitigation and Approaching Holidays:

Community spread of covid is sadly, at an all time high right now: Denton County: 300-400 new cases daily and Dallas County 1500-2000 new cases daily. Hospitals are near capacity.

We become deeply concerned when anyone contracts the virus because it can be very dangerous—even to young people and especially to those with special needs.

To this point, 29 Acres wants to highlight our covid mitigation policies especially as it relates to holiday travel and gatherings.

1. **We know how to stay safe.** We stay safe by staying 6 ft. away from one another at all times, when possible, washing our hands frequently, always wearing masks (ensuring covering of the nose and mouth), avoiding crowds and gatherings and staying outside as much as possible. It’s our behavior that keeps us safe. These are proven risk mitigating procedures and we all should be following them. They can be found on the CDC website: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

2. If you are feeling sick, please consult your doctor and also LET US KNOW THAT YOU ARE FEELING SICK.

3. If you have had a covid test, QUARANTINE UNTIL YOU KNOW THE RESULTS.

Remember covid tests are helpful but they are not the end all. They only mean that you are negative that day. Please don’t let your guard down because you have a negative test. ALWAYS FOLLOW CDC GUIDELINES even if you test negative that day.

4. The CDC is recommending to stay home for the holidays and not to travel. If you must travel, 29 Acres asks that you follow all of the risk mitigating procedures outlined on the CDC website. https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html

It’s especially important to avoid large crowds and gatherings and being with people outside your family household. If you can’t guarantee that someone you are with is following CDC guidelines, then please don’t be with them.
With travel, 29 Acres will require a negative Covid PCR test (not rapid) prior to returning to work or to returning to participation in our support services. Depending on your travel history and possible exposure, we may recommend additional testing and quarantine.